
Qualification Specification

**CTH Level 3 Diploma in Professional
Cookery**

December 2020

QAN: 603/6447/6



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1. Introduction

Overview

The purpose of this document is to explain the aims, structure and content of the **CTH Level 3 Diploma in Professional Cookery**.

This document includes the learning outcomes and assessment criteria for each unit. There is guidance relating to centre approval, learning and teaching and assessment strategies and sample assessments are included together with details of how to contact CTH.

Purpose of the Qualification

The purpose is to provide a qualification that:

- Provides students with the skills required to work in a professional kitchen.
- Develops students' cooking skills.
- Develops the students' ability to integrate cooking skills in order to produce a variety of dishes.
- Develops the students' ability to evaluate their own cooking.
- Develops the students' time management, hygiene, safety and personal appearance skills required of a professional chef.

Access and Entry Requirements

The selection of students for admission to the CTH Level 3 Diploma in Professional Cookery is at the discretion of individual approved centres, who should ensure that students are able to complete the qualification successfully.

Applicants:

- should have an internationally recognised UK-Level 2 Culinary Certificate or Diploma (or qualification equivalent to Ofqual Level 2). International qualification levels vary considerably, so students holding Level 2 culinary qualifications awarded outside the UK will need to have their qualifications evaluated as part of the application process.
- applicants without the Level 2 culinary qualifications above may be able to enrol onto this qualification if they have significant culinary experience as a commis chef or chef de partie in a professional kitchen and have worked on different sections.
- completed formal secondary education (students who did not complete formal secondary education but have the above industry experience may be considered).
- must have a reasonable command of the English Language, as assignments must be completed in English.

2. Centre Approval Requirements

Centre Approval

Prospective Centres should apply to become an approved CTH Centre in order to deliver this qualification. For advice on the CTH approval process or if you wish to discuss your curriculum requirements, please see the contact details in the 'About CTH' page.

The CTH Approval Panel will fast track the applications for this qualification against a set of criteria, including the availability of suitable teaching accommodation, resources and staffing and experience of delivering qualifications at a similar level. A skype/remote conversation with CTH staff will form part of the approval process.

Resources & Teaching Facilities

A professional kitchen environment, including associated food storage areas is essential for the delivery of this qualification. The kitchen may take the form of a full production kitchen and/or a skills-based kitchen. These would need to be completely furnished with the professional equipment and tools to teach professional cookery at this level. A cookery demonstration area would also be an advantage. Access to a range of cookery and food related books is essential. Centres will need to meet these specialist resource requirements when they seek approval from CTH.

CTH aims to support centres by providing examples of recipes and combinations of dishes on the CTH members website that meet the grading criteria at each level, as it is important that centres delivering CTH qualifications understand the requirements fully for each level. In general, Level 3 expectations are for an increased range of cooking techniques and more complex dishes than a Level 2 qualification. For example, a purée soup is at Level 2 whereas a Lobster bisque would be a Level 3 soup due to the complexity of preparation and cooking methods.

Centre Staffing

Staff delivering and assessing the Level 3 Diploma in Professional Cookery should be completely familiar with current practice standards in the sector and have experience of cooking at or above the level to be delivered as a minimum. Ideally, the teaching staff should have had experience as a Sous Chef at high standard establishments such as 5-star hotels.

A teaching qualification, experience of teaching and a professional qualification in the subject taught, at one level higher than the level taught, is also desirable. CTH will require the CV's of all teaching staff when the centre seeks approval to deliver the qualification.



Continuing Professional Development

Centres must support their staff to ensure that they have current knowledge of the occupational area, and that delivery, assessment and internal verification is in line with current good practice and takes into consideration relevant international regulatory requirements where appropriate.

Delivery Strategies (Practical Units)

This qualification is primarily practical in structure and it is important that the teaching reflects this. It has been designed to be delivered in a teaching environment with equipment outlined in this document. It is not designed to be delivered in the workplace.

Students must have the opportunity to explore cuisine through the preparation and cooking of a range of dishes, which cover the full spectrum of the curriculum and menu structures, enabling students to develop the skills to take their assessments. Students need to experience through demonstration and practical work all the key elements of cooking for which they are being assessed. Students will be required to follow professional, safe and hygienic practices at all times.

The Delivery and Assessment Handbook supplied to approved centres includes indicative content for each Learning Outcome and Assessment Criterion, showing the minimum requirement to be covered by the time the unit is completed. Teachers should ensure that practical work carried out by the students fully reflects the purpose of the unit to be assessed and covers the unit content requirements.

Students will need to build an electronic portfolio of evidence to demonstrate their skills level. This should be made up of recipes which have been produced during the length of the course. Recipes should include ingredients, methods, a picture of the completed dish held by the student, students' notes, assessor's feedback and unit content covered when making the dish.

Centres need to show, on each recipe making up the portfolio, and on each exam marking sheet, what unit content was covered.

3. Resources Required

Centre Kitchens

A commercial kitchen environment, including associated food storage areas is essential for the delivery of this qualification. The kitchen may take the form of a full production kitchen and/or a skills-based kitchen. A cookery demonstration area would also be an advantage. These would need to be completely furnished with the professional equipment and tools to teach professional cookery at this level. A list of recommended equipment is available from CTH by emailing info@cthawards.com.

Student Equipment

Students will be required to wear suitable protective clothing (PPE) during all practical sessions throughout the course to meet the requirements of the Food Safety Act 1990 (or similar legislation). Chef's whites, headwear and safety shoes would be the preferred option. Knives will be an essential requirement of the course and provision of a personal set will be necessary. These could be made available through the centre to ensure suitability.

Teaching Staff

Staff delivering this qualification must be able to demonstrate that they meet the following requirements:

- Be occupationally competent and technically knowledgeable in the area for which they are teaching
- Have recent relevant experience in the specific area that they will be assessing or verifying
- Hold a recognised culinary qualification at least at the level of this qualification (Level 3 in England or equivalent professional qualification). Teaching and/or assessment qualifications are an advantage
- Subject tutors will also be able to maintain current subject knowledge, developed through continuing professional development.

Centres must inform CTH of any staff changes after initial approval to deliver this qualification and provide CVs to CTH for review. Assessment and Internal Verifier training is available for staff new to delivering CTH qualifications (contact CTH for details).

Textbooks

Students must have access to a range of cookery and food related books including the recommended textbooks.



CTH Resources

Staff and students are provided with access to the CTH Members' website where additional resources are available. Logins are provided for centre staff, and for students after qualification registration. Any issues with access should be notified to: info@cthawards.com.

Computer Facilities with Internet Access, Printers

Staff and students require access to these facilities for learning, teaching, assessment and course administration.

4. CTH Support

CTH employs specialist staff with both considerable culinary experience and assessment expertise, who are available to offer advice and guidance to both prospective and approved centres. A skype conversation forms part of the accreditation process to ensure a full understanding of the requirements for the qualification and to assist with planning activities.

CTH Delivery and Assessment Handbook

Centres approved to deliver this qualification will be provided with a comprehensive Delivery and Assessment Handbook designed for the qualification delivery team of teaching staff, quality assurance staff and administrators.

Recommended Resources

1. Professional Chef – Level 3 Diploma (2nd Edition) - Gary Hunter & Terry Tinton
Publisher: Cengage Learning EMEA
ISBN-10: 1408064219
2. Practical Cookery for the Level 3 Advanced Technical Diploma in Professional Cookery - David Foskett, Neil Rippington, Steve Thorpe, Patricia Paskins
Publisher: Hodder Education (26 May 2017)
ISBN-10: 1510401857
ISBN-13: 978-1510401853

Assessment Opportunities

CTH offers up to four assessment opportunities each year, with associated Exam Boards and Certification. Contact CTH or see the CTH website for more details.

Assessment Responsibilities

Centres:

- Devise their own practical exams with suitable Level 3 dishes, which must be sent to CTH for approval 6 weeks in advance of proposed exam date/s.
- Ensure all evidence requirements are met including video footage and Recipe Logs for all learners.
- Mark all practical exams and assignments.

- Internal quality assurance: internally verify the marking of practical exams, recipe logs and assignments, using a sampling approach. Marks to be agreed by both Centre Marker and IV, if different.
- Send agreed internal marks and supporting evidence (all assignments and a specified sample of exam evidence as indicated by the CTH Culinary Examiner) to CTH.

CTH

- Approve centres' examination plans.
- External Quality Assurance: moderation of the mark sheets combined with the evidence for both assignment and practical exams.
- Review marks at an exam board with external examiners.
- Issue transcripts and final certificates.

Examinations:

- All theory examinations are set by CTH, who distribute these electronically to Centres.
- Student exam scripts are returned to CTH, with attendance sheets, seating plans and any other documentation including special consideration forms, invigilators reports, and suspected malpractice reports.
- CTH staff mark and moderate all exam papers.

CTH Exam Board review all moderated assessment results, taking into consideration reports from the Malpractice Panel, and ratify these before publication.

Internal Verification

An internal verifier (IV) is a designated person, internal to the centre, who has responsibility for verifying and signing off the assessment outcomes and will have a good understanding of the units/qualifications being assessed.

The Centre internal verifier ensures the quality of the assessment process within the Centre. Internal verifiers must sample assessment decisions using a sampling plan, which takes into account a risk assessment, which has been conducted as part of the centre's internal QA strategy.

Internal verifiers should plan the observation of centre markers during their practical assessments, especially to support new centre markers, and provide constructive feedback.

More detailed information about the internal verification process for CTH Culinary qualifications is provided in a separate document.

5. Qualification Level, Size and Structure

The Office of Qualifications and Examinations Regulation (Ofqual) regulates qualifications, examinations and assessments in England. Ofqual are responsible for maintaining standards and confidence in qualifications in England, including making sure that:

- Regulated qualifications reliably indicate the knowledge, skills and understanding students have demonstrated.
- Assessments and exams show what a student has achieved.
- People have confidence in the qualifications that Ofqual regulate.
- Students and teachers have information on the full range of qualifications that we regulate.

This qualification is included in the public Ofqual register of regulated qualifications; the recognition number or QAN is 603/6447/6. It is compliant with Ofqual Regulated Qualification Framework (RQF) requirements.

Ofqual regulated qualifications are recognised and trusted by parents, employers and educational establishments globally due to the stringent controls and quality assurance requirements Ofqual places on awarding organisations, qualifications and approved delivery centres.

Qualification Size

The qualification is designed to be delivered in 500 hours of TQT (Total Qualification Time), of which 420 are Guided Learning Hours (GLH). Therefore, this Diploma normally requires programmes of study that have been designed to include a minimum of the Guided Learning Hours shown above:

Total Qualification Time (TQT) is the total amount of time, in hours, expected to be spent by a learner to achieve a qualification.

Definitions:

- **Guided Learning Hours – GLH**
This is the amount of time the average student is expected to spend in supervised learning and practice but may vary by student.

- **Total Qualification Time – TQT**

TQT is made up of Guided Learning Hours plus all other time taken in preparation, study or any form of participation in education and training but not under the direct supervision of a lecturer or centre marker.

The following activities are indicative of those included in TQT:

- Guided Learning (GLH) when the tutor is present, e.g. cookery demonstrations, practicals, formal classes, lectures, seminars, tutorials, supervised assessment (e.g. exams or observed practical assessments).
- Independent and unsupervised learning or research.
- Unsupervised coursework, or directed activity.
- Watching pre-recorded webinars or podcasts.
- Compiling a portfolio of evidence.
- Self-study, visits, revision and time spent on written assignments.

Candidates completing this qualification should be able to demonstrate their ability as independent learners.

Qualification Level

This qualification is at

- Level 3 on the Regulated Qualifications Framework in England (RQF).

CTH qualifications comply with generic level descriptors set by Ofqual, which are divided into two categories: 1° Knowledge and understanding, 2° Skills. The descriptors below set out the generic knowledge and skills associated with the typical holder of a qualification at Level 3.

Level 3 Knowledge descriptor:
The holder...

- Has factual, procedural and theoretical knowledge and understanding of a subject or field of work to complete tasks and address problems that while well-defined, may be complex and non-routine.
- Can interpret and evaluate relevant information and ideas.
- Is aware of the nature of the area of study or work.
- Is aware of different perspectives or approaches within the area of study or work.

Level 3 Skills descriptor:
The holder can...

- Identify, select and use appropriate cognitive and practical skills, methods and procedures to address problems that while well-defined, may be complex and non-routine
 - Use appropriate investigation to inform actions.
 - Review how effective methods and actions have been.
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Qualification Structure

The qualification, units and TQT for the CTH Level 3 Diploma in Professional Cookery are set out in the following table. Further details of each unit are included later in the specification.

CTH Level 3 Diploma in Professional Cookery						
For the Diploma, students must achieve a total of 50 credits, all at level 3.						
<ul style="list-style-type: none"> All 5 mandatory units, providing a combined 25 credits. 5 units from the optional group, providing a combined 25 credits. 						
Credit Value (CV): 50				QAN: 603/6447/6		
Guided Learning Hours (GLH) for Qualification: 420				Total Qualification Time (TQT) for Qualification: 500		
Unit Code	Unit Title	L	CV	GLH	URN.	Assessment Method
Mandatory Units						
PCVSS	Techniques and skills in preparation, cooking and finishing vegetables, sauces and soups	3	5	42	M/508/0673	Recipe log and practical exam
PCPMG	Techniques and skills in preparation, cooking and finishing poultry, meat and game	3	5	42	T/508/0674	Recipe log and practical exam
PCFFS	Techniques and skills in preparation, cooking and finishing fish and shellfish	3	5	42	A/508/0675	Recipe log and practical exam
PCCHD	Techniques and skills in producing frozen, cold and hot desserts	3	5	42	F/508/0676	Recipe log and practical exam
PCBBP	Techniques and skills in baking and baked products	3	5	42	J/508/0677	Recipe log and practical exam
Optional Units – Choose 5 from 10						
PCSS	Food safety practices in the preparation, service and storage of food	3	5	42	L/508/0678	Assignment
PCKO	Kitchen organisation	3	5	42	R/508/0679	Assignment
PCPD	Food product development	3	5	42	L/508/0681	Recipe log, practical exam and assignment
PCDP	Techniques and skills in producing fermented dough products	3	5	42	R/508/0682	Recipe log and practical exam
PCNH	Nutrition and producing healthier dishes	3	5	42	D/508/0684	Recipe log, practical exam and assignment
PCFG	Techniques and skills in producing farinaceous dishes	3	5	42	Y/508/0683	Recipe log and practical exam
PCVC2	Vegetarian and plant-based cookery	3	5	42	L/618/4016	Recipe log, practical exam and assignment
PCEC	Techniques and skills in producing ethnic dishes	3	5	42	K/508/0686	Recipe log and practical exam
PCIC	Techniques and skills in producing international dishes	3	5	42	T/508/0688	Recipe log and practical exam
PCSPS	Supervising the professional kitchen	3	5	42	T/615/5318	Assignment
Diploma Total (5 mandatory, plus 5 optional units)			50	420		

6. Qualification Grading Criteria

Unit Grades

Recipe Log Requirement

A completed recipe log demonstrating full coverage of the minimum unit content is a requirement for all units assessed by practical examinations, whether these units are mandatory or not.

Mandatory Practical Units

The mandatory units of this qualification are all assessed by practical examinations and are graded either as fail, pass, merit or distinction. They will therefore not be marked out of 100 marks. The mark sheets for mandatory practical units are provided in the “Mark Sheets and Other Forms Common to More than one Unit” chapter in this handbook. These are completed by centres and externally verified by CTH in conjunction with all other evidence.

When assessing these units, Centre Markers must make sure students prepare, cook and deliver successfully all parts of the dishes involved in each unit before allocating an overall Pass, Merit or Distinction grade.

Optional Units

Optional units are assessed either by a practical or by a written assessment or both. They carry equal weighting and will be marked out of 100 marks and graded as follows:

Fail	Pass	Merit	Distinction
0 - 54 marks	55 - 69 Marks	70 – 84 Marks	85+ Marks

The mark sheets for practical optional units are available at the end of each chapter. These are completed by centres and externally verified by CTH in conjunction with all other evidence.

Qualification Grading

Although, individual units are graded either as fail, pass, merit or distinction, the qualification is not subject to grading and is either achieved or not achieved.

In terms of certification, this means that students will receive a transcript of their results that recognises their level of achievement for each unit, together with a final qualification certificate.

7. Assessment Methodology

The CTH Level 3 Diploma in Professional Cookery has an assessment methodology of both practical examinations and written assignments.

Centre staff are responsible for setting the practical examinations, which must be sent to CTH for approval six weeks before the exam date. Teaching staff will assess students' practical work, and centres must also allocate an internal verifier who will assure the quality of the assessment processes. CTH can provide training and guidance on the assessment requirements and process.

CTH will set and provide all written assignments. Centres will initially mark and internally verify them before electronically submitting them to CTH with completed mark sheets for moderation.

Each mandatory unit (5) will be assessed within two practical exams whereas each optional unit (5) can be assessed independently. Each unit at Diploma level carries an equal weighting within the qualification. All units must be passed to achieve the qualification.

CTH will review electronic evidence of all student work submitted by centres and moderate the centre-assessed and verified assessments. For new centres this will be based on a 100% sample of work, reducing over time.

8. Qualification Units

Techniques and Skills in Preparation, Cooking and Finishing Vegetables, Sauces and Soups

Ofqual Unit Ref No.	M/508/0673	CTH Unit Ref:	PCVSS
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Unit Purpose and Aim(s)

This unit aims to develop the skills required to prepare, cook and finish vegetables, sauces and soups using a range of techniques and equipment. Students are expected to demonstrate precision and work to timescales when completing tasks.

Unit Level

3

Unit Size

Guided Learning Hours (GLH)

42 Hours

Credit Value:

(1 credit is 10 hours total study/TQT)

5 Credits

Unit Assessment is by:

Recipe log and practical examination.

Learning Outcome 1

Prepare vegetables, sauces and soups for cooking and finishing using a range of techniques and skills.

Assessment Criteria

- 1.1 Select the type and quantity of ingredients required for the dish.
- 1.2 Check the ingredients to ensure they meet quality standards.
- 1.3 Select preparation methods suitable for the requirements of the dish.
- 1.4 Prepare the ingredients to maintain the quality and meet the requirements of the dish.

Learning Outcome 2

Cook vegetables, sauces and soups for finishing using a range of techniques and skills.

Assessment Criteria

- 2.1 Select methods of cookery, which meet the requirements of the dish.
- 2.2 Use methods of cookery, which meet the requirements of the dish.

Learning Outcome 3

Finish vegetables, sauces and soups using a range of techniques and skills.

Assessment Criteria

- 3.1 Finish the dish to agreed quality standard.
- 3.2 Serve the finished dish in an appropriate manner.
- 3.3 Demonstrate professional, safe and hygienic kitchen practices.



Techniques and Skills in Preparation, Cooking and Finishing Poultry, Meat and Game				
Ofqual Unit Ref No.	T/508/0674	CTH Unit Ref:	PCPMG	
Unit Purpose and Aim(s)	This unit aims to develop the skills required to prepare, cook and finish poultry, meat and game using a range of techniques using precision speed and control in existing skills and develop more advanced skills and techniques. Students are expected to demonstrate that they can select, correct use, maintain and store all equipment including any specialised tools.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log and practical examination.			
Learning Outcome 1	Prepare poultry, meat and game for cooking and finishing using a range of techniques and skills.			
Assessment Criteria				
<ul style="list-style-type: none"> 1.1 Select the type and quantity of poultry, meat or game required for the dish. 1.2 Check the poultry, meat or game to ensure they meet requirements and quality standards. 1.3 Select preparation methods suitable for the requirements of the dish. 1.4 Prepare the poultry, meat or game to maintain the quality and meet the requirements of the dish. 				
Learning Outcome 2	Cook poultry, meat and game for finishing using a range of techniques and skills.			
Assessment Criteria				
<ul style="list-style-type: none"> 2.1 Select methods of cookery which meet the requirements of the dish. 2.2 Use methods of cookery which meet the requirements of the dish. 				
Learning Outcome 3	Finish poultry, meat and game using a range of techniques and skills.			
Assessment Criteria				
<ul style="list-style-type: none"> 3.1 Finish the poultry, meat or game dish to agreed quality standard. 3.2 Serve the finished poultry, meat or game dish in an appropriate manner. 3.3 Demonstrate professional, safe and hygienic kitchen practices. 				



Techniques and Skills in Preparation, Cooking and Finishing Fish and Shellfish				
Ofqual Unit Ref No.	A/508/0675	CTH Unit Ref:	PCFFS	
Unit Purpose and Aim(s)	This unit aims to develop the skills required to prepare, cook and finish fish and shellfish using a range of techniques using precision speed and control in existing skills and develop more advanced skills and techniques. Students are expected to demonstrate that they can select, correct use, maintain and store all equipment including any specialised tools.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log and practical examination.			
Learning Outcome 1	Prepare fish and shellfish for cooking and finishing using a range of techniques and skills.			
Assessment Criteria				
<ul style="list-style-type: none"> 1.1 Select the type and quantity of fish and shellfish required for the dish. 1.2 Check the fish and shellfish to ensure they meet requirements and quality standards. 1.3 Select preparation methods suitable for the requirements of the dish. 1.4 Prepare the fish and shellfish to maintain the quality and meet the requirements of the dish. 				
Learning Outcome 2	Cook fish and shellfish for finishing using a range of techniques and skills.			
Assessment Criteria				
<ul style="list-style-type: none"> 2.1 Select methods of cookery which meet the requirements of the dish. 2.2 Use methods of cookery which meet the requirements of the dish. 				
Learning Outcome 3	Finish fish and shellfish dishes using a range of techniques and skills.			
Assessment Criteria				
<ul style="list-style-type: none"> 3.1 Finish the fish and shellfish dish to agreed quality standard. 3.2 Serve the finished fish and shellfish dish in an appropriate manner. 3.3 Demonstrate professional, safe and hygienic kitchen practices. 				



Techniques and Skills in Producing Frozen, Cold and Hot Desserts				
Ofqual Unit Ref No.	F/508/0676	CTH Unit Ref:	PCCHD	
Unit Purpose and Aim(s)	This unit aims to develop the skills required to producing frozen cold and hot desserts using a range of techniques using precision speed and control in existing skills and develop more advanced skills and techniques. Students are expected to demonstrate that they can select, correct use, maintain and store all equipment including any specialised tools.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log and practical examination.			
Learning Outcome 1	Prepare frozen, cold and hot desserts for cooking and finishing using a range of techniques and skills.			
Assessment Criteria				
1.1 Select the type and quantity of ingredients required for the dish. 1.2 Check the ingredients to ensure they meet requirements and quality standards. 1.3 Select preparation methods suitable for the requirements of the dish. 1.4 Prepare the ingredients to maintain the quality and meet the requirements of the dish.				
Learning Outcome 2	Cook frozen, cold and hot desserts for finishing using a range of techniques and skills.			
Assessment Criteria				
2.1 Select methods of cookery, which meet the requirements of the dish. 2.2 Use methods of cookery, which meet the requirements of the dish.				
Learning Outcome 3	Finish frozen, cold and hot desserts using a range of techniques and skills.			
Assessment Criteria				
3.1 Finish the dish to agreed quality standard. 3.2 Serve the finished dish to agreed quality standard and at an appropriate temperature. 3.3 Demonstrate professional, safe and hygienic kitchen practices.				



Techniques and Skills in Baking and Baked Products				
Ofqual Unit Ref No.	J/508/0677	CTH Unit Ref:	PCBBP	
Unit Purpose and Aim(s)	This unit aims to develop the skills and techniques and skill required in producing baking and baked products using a range of techniques using precision speed and control in existing skills and develop more advanced skills and techniques. Students are expected to demonstrate that they can select, correct use, maintain and store all equipment including any specialised tools.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log and practical examination.			
Learning Outcome 1	Prepare baked products for cooking and finishing using a range of techniques and skills.			
Assessment Criteria				
<ul style="list-style-type: none"> 1.1 Select the type and quantity of ingredients required for the baked product. 1.2 Check the ingredients to ensure they meet requirements and quality standards. 1.3 Select preparation methods suitable for the requirements of the baked product. 1.4 Prepare the ingredients to maintain the quality and meet the requirements of the baked product. 				
Learning Outcome 2	Cook baked products for finishing using a range of techniques and skills.			
Assessment Criteria				
<ul style="list-style-type: none"> 2.1 Select methods of cookery which meet the requirements of the baked product. 2.2 Use methods of cookery which meet the requirements of the baked product. 				
Learning Outcome 3	Finish baked products using a range of techniques and skills.			
Assessment Criteria				
<ul style="list-style-type: none"> 3.1 Finish the baked product to agreed quality standard. 3.2 Serve the finished dish in an appropriate manner. 3.3 Demonstrate professional, safe and hygienic kitchen practices. 				

Optional Units

5 units from 10 to be chosen for the Diploma.

Food Safety Practices in the Preparation, Service and Storage of Food				
Ofqual Unit Ref No.	L/508/0678	CTH Unit Ref:	PCSS	
Unit Purpose and Aim(s)	This unit aims to ensure students are trained to understand the legislative requirement of a food safety management system that is based on HACCP.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value:	5 Credits
			(1 credit is 10 hours total study/TQT)	
Unit Assessment is by:	Assignment.			
Learning Outcome 1	Identify the requirements of maintaining food safety practices in the preparation, service and storage of food.			
Assessment Criteria				
1.1 Describe a range of legislation relevant to food safety. 1.2 Explain a range of measures to ensure food safety in the preparation of food. 1.3 Explain a range of measures to ensure food safety in the service of food. 1.4 Explain a range of measures to ensure food safety in the storage of food.				
Learning Outcome 2	Develop plans to ensure food safety practices are maintained in the preparation, service and storage of food.			
Assessment Criteria				
2.1 Explain how compliance with legislation can be monitored. 2.2 Develop plans to ensure food safety in the preparation of food. 2.3 Develop plans to ensure food safety in the service of food. 2.4 Develop plans to ensure food safety in the storage of food.				
Learning Outcome 3	Understand how to maintain and manage food safety practices in the preparation, service and storage of food.			
Assessment Criteria				
3.1 Explain the potential effects of non-compliance. 3.2 Identify and explain methods of control measures for monitoring food safety. 3.3 Identify and explain a range of food safety management systems.				



Kitchen Organisation				
Ofqual Unit Ref No.	R/508/0679	CTH Unit Ref:	PCKO	
Unit Purpose and Aim(s)	This unit aims to develop the students' knowledge and understanding of different types of food production kitchens, the workflow, costs implications and impacts of these on menu planning and costs.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Assignment.			
Learning Outcome 1	Investigate kitchen production systems.			
Assessment Criteria				
1.1 Identify and explain the features of a range of kitchen production systems. 1.2 Identify and explain the suitability of systems through analysis of a wide range of components.				
Learning Outcome 2	Examine the structure of kitchen staff organisation.			
Assessment Criteria				
2.1 Describe a range of staffing structures suitable for a food production environment. 2.2 Identify and explain the suitability and appropriateness of staffing structures to a variety of situations.				
Learning Outcome 3	Analyse the workflow within an operating kitchen environment.			
Assessment Criteria				
3.1 Analyse the workflow in a food production environment. 3.2 Identify and explain the limitations kitchen design may have on workflow.				
Learning Outcome 4	Describe the influencing factors on workflow in an operating kitchen environment.			
Assessment Criteria				
4.1 Identify and explain factors which influence workflow. 4.2 Examine the impact on workflow of a range of influencing factors.				



Food Product Development				
Ofqual Unit Ref No.	L/508/0681	CTH Unit Ref:	PCPD	
Unit Purpose and Aim(s)	This unit aims to develop the students' understanding of how products are designed and evaluated. It has a practical component as well as the need to collect information and evaluate how the product was received by customers or colleagues.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log, practical examination and written assignment.			
Learning Outcome 1	Investigate the need for a new or updated dish or menu item.			
Assessment Criteria				
1.1 Design a method of collecting information from customers and colleagues to identify the requirement for a new or updated dish or menu item. 1.2 Collect and collate information from customers and colleagues to identify the requirement for a new or updated dish or menu item.				
Learning Outcome 2	Design the new or updated dish or menu item.			
Assessment Criteria				
2.1 Design the dish or menu item in line with the information collected. 2.2 Ensure the dish is designed to meet requirements.				
Learning Outcome 3	Produce and cost the new or updated dish or menu item.			
Assessment Criteria				
3.1 Cost the new or updated dish or menu item. 3.2 Produce the new or updated dish or menu item.				
Learning Outcome 4	Evaluate the new or updated dish or menu item.			
Assessment Criteria				
4.1 Apply evaluation techniques on the finished dish or new menu item. 4.2 Make valid recommendations for improvement or suitability of the finished dish or new menu item.				

Techniques and Skills in Producing Fermented Dough Products				
Ofqual Unit Ref No.	R/508/0682	CTH Unit Ref:	PCDP	
Unit Purpose and Aim(s)	This unit aims to develop the skills required to prepare, cook and finish fermented dough products using a range of techniques and equipment. Students are expected to demonstrate precision when completing tasks.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log and practical examination.			
Learning Outcome 1	Prepare fermented dough goods for cooking and finishing using a range of techniques and skills.			
Assessment Criteria				
1.1 Select the type and quantity of ingredients required for the product. 1.2 Check the ingredients to ensure they meet quality standards. 1.3 Select preparation methods suitable for the requirements of the product. 1.4 Prepare the ingredients to maintain the quality and meet the requirements of the product.				
Learning Outcome 2	Cook fermented dough goods for finishing using a range of techniques and skills.			
Assessment Criteria				
2.1 Select methods of cookery which meet the requirements of the type of product. 2.2 Use methods of cookery which meet the requirements of the product.				
Learning Outcome 3	Finish fermented dough goods using a range of techniques and skills.			
Assessment Criteria				
3.1 Finish the dish in a professional manner. 3.2 Serve the finished dish in an appropriate manner. 3.3 Demonstrate professional, safe and hygienic kitchen practices.				



Nutrition and Producing Healthier Dishes				
Ofqual Unit Ref No.	D/508/0684	CTH Unit Ref:	PCNH	
Unit Purpose and Aim(s)	This unit aims to develop the knowledge and skill required to produce healthier dishes for a range of different people. Students are expected to understand the benefits of producing healthier dishes and demonstrate the methods of preparation; storage and cooking that can be used to achieve this.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log, practical examination and written assignment.			
Learning Outcome 1	Identify the requirements of producing healthier dishes.			
Assessment Criteria				
1.1 Explain the concept of healthy eating and its benefit to health. 1.2 Identify and explain the ingredients that make a dish healthier. 1.3 Identify and explain the current guidelines offered on healthy eating.				
Learning Outcome 2	Identify the nutritional benefits of producing healthier dishes.			
Assessment Criteria				
2.1 Explain the various nutritional requirements for a range of people. 2.2 Explain the benefits of substituting healthier ingredients as an alternative to ensure a healthier dish. 2.3 Select and explain methods of cooking which can maximise the nutritional value of a dish.				
Learning Outcome 3	Produce healthier dishes.			
Assessment Criteria				
3.1 Demonstrate the techniques that can be used to produce healthier food. 3.2 Produce a range of healthy dishes that maximise the nutritional value of the dish. 3.3 Select and explain a range of methods that improve the nutritional value of foods.				



Techniques and Skills in producing Farinaceous Dishes				
Ofqual Unit Ref No.	Y/508/0683	CTH Unit Ref:	PCFG	
Unit Purpose and Aim(s)	This unit aims to develop the skills required to prepare, cook and finish farinaceous products using a range of techniques and equipment. Students are expected to demonstrate precision when completing tasks.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log and practical examination.			
Learning Outcome 1	Prepare farinaceous goods for cooking and finishing using a range of techniques and skills.			
Assessment Criteria				
1.1 Select and explain the type and quantity of ingredients required for the dish. 1.2 Check the ingredients to ensure they meet quality standards. 1.3 Select and explain preparation methods suitable for the requirements of the dish. 1.4 Prepare the ingredients to maintain the quality and meet the requirements of the dish.				
Learning Outcome 2	Cook farinaceous goods for finishing using a range of techniques and skills.			
Assessment Criteria				
2.1 Select and explain methods of cookery which meet the requirements of the dish. 2.2 Use methods of cookery which meet the requirements of the dish.				
Learning Outcome 3	Finish farinaceous goods using a range of techniques and skills.			
Assessment Criteria				
3.1 Finish the dish in an appropriate manner. 3.2 Serve the finished dish in an appropriate manner. 3.3 Demonstrate professional, safe and hygienic kitchen practices.				

Vegetarian and Plant-Based Cookery				
Ofqual Unit Ref No.	L/618/4016	CTH Unit Ref:	PCVC2	
Unit Purpose and Aim(s)	<p>Definitions for types of plant-based and vegetarian diets:</p> <ul style="list-style-type: none"> – Lacto-vegetarian diets exclude meat, fish, poultry and eggs, as well as foods that contain them. – Ovo-vegetarian diets exclude meat, poultry, seafood and dairy products, but allow eggs. – Lacto-ovo vegetarian diets exclude meat, fish and poultry, but allow dairy products and eggs <p>This unit aims to develop the skills required to prepare, cook and finish dishes from different vegetarian and plant-based diets using a range of techniques and equipment. Students are expected to demonstrate precision when completing tasks. The Students must also study about different types of vegetarian and plant-based diets and understand the concept of healthier diets.</p>			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log, practical examination and written assignment.			
Learning Outcome 1	Understand aspects of diet and nutrition in relation to vegetarian and plant-based cookery.			
<p>Assessment Criteria</p> <p>1.1 Analyse vegetarian and plant-based diets identifying nutritional requirements. 1.2 Explain the nutritional aspects of vegetarian and plant-based diets. 1.3 Analyse the nutritional limitations of vegetarian and plant-based diets.</p>				
Learning Outcome 2	Prepare vegetarian and plant-based ingredients for cooking and finishing using a range of techniques and skills.			
<p>Assessment Criteria</p> <p>2.1 Select the type of ingredients required for the dish. 2.2 Check the ingredients to ensure they meet requirements and quality standards. 2.3 Select preparation methods suitable for the requirements of the dish. 2.4 Prepare the ingredients to maintain the quality and meet the requirements of the dish.</p>				
Learning Outcome 3	Cook and finish vegetarian and plant-based dishes using a range of techniques and skills.			
<p>Assessment Criteria</p> <p>3.1 Select methods of cookery which meet the requirements of the dish. 3.2 Use methods of cookery which meet the requirements of the dish. 3.3 Finish the plant-based dish to agreed quality standard. 3.4 Serve the finished plant-based dish in an appropriate manner.</p>				



Techniques and skills in producing Ethnic Dishes				
Ofqual Unit Ref No.	T/508/0688	CTH Unit Ref:	PCEC	
Unit Purpose and Aim(s)	This unit aims to develop the skills and knowledge of ethnic cuisine requiring them to using a range of techniques and equipment. Students are expected to demonstrate precision when completing tasks. The Students will also study the factors that have contributed to the style of cuisine, understand and be able to use specialist equipment related to the chosen ethnic cuisine.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log and practical examination (plus a short report before the exam).			
Learning Outcome 1	Explain the background, menu structure and trends in ethnic cookery.			
Assessment Criteria				
<ul style="list-style-type: none"> 1.1 Explain the background to the ethnic cuisine considering the heritage and culture of the group. 1.2 Describe the menu structure and styles of service used in the ethnic cuisine. 1.3 Identify and explain the current trends in the ethnic cuisine. 				
Learning Outcome 2	Explain the use of equipment, commodities and cooking methods used in ethnic cookery.			
Assessment Criteria				
<ul style="list-style-type: none"> 2.1 Explain the specialist equipment used to produce food in the ethnic cuisine. 2.2 Explain the specialist commodities used in the ethnic cuisine. 2.3 Explain the specialist cooking methods used in the ethnic cuisine. 				
Learning Outcome 3	Use food preparation and cooking knowledge and skills to prepare a range of ethnic dishes.			
Assessment Criteria				
<ul style="list-style-type: none"> 3.1 Demonstrate appropriate skills in the preparation of a range of ethnic dishes. 3.2 Demonstrate appropriate skills in the cooking of a range of ethnic dishes. 3.3 Demonstrate appropriate skills in the service of ethnic dishes. 3.4 Demonstrate professional, safe and hygienic kitchen practices. 				



Techniques and Skills in producing International Dishes				
Ofqual Unit Ref No.	T/508/0688	CTH Unit Ref:	PCIC	
Unit Purpose and Aim(s)	This unit aims to develop the skills and knowledge of international cuisine requiring them to using a range of techniques and equipment. Students are expected to demonstrate precision when completing tasks. The Students will also study the factors that have contributed to the style of cuisine understand and be able to use specialist equipment related to the chosen international cuisine.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Recipe log and practical examination.			
Learning Outcome 1	Explain menu structure and trends in International cookery.			
Assessment Criteria				
1.1 Explain the background to the cuisine considering the heritage and culture of the selected country. 1.2 Explain the menu structure and styles of service used in the selected country. 1.3 Identify and explain the current trends used in cookery in the selected country.				
Learning Outcome 2	Explain the use of equipment, commodities and cooking methods used in International cookery.			
Assessment Criteria				
2.1 Describe the specialist equipment used to produce food in the selected country. 2.2 Describe the specialist commodities used in the selected country. 2.3 Describe the specialist cooking methods used in the selected country.				
Learning Outcome 3	Use food preparation and cooking knowledge and skills to prepare International cookery.			
Assessment Criteria				
3.1 Demonstrate appropriate skills in the preparation of a range of dishes appropriate to the selected country. 3.2 Demonstrate appropriate skills in the cooking of a range of dishes appropriate to the selected country. 3.3 Demonstrate appropriate skills in the service of a range of dishes appropriate to the country. 3.4 Demonstrate professional, safe and hygienic kitchen practices.				

Supervising the Professional Kitchen				
Ofqual Unit Ref No.	T/615/5318	CTH Unit Ref:	PCSPS	
Unit Purpose and Aim(s)	This unit aims to develop the students' knowledge and understanding of supervising resources, a range of staff and the ensuring the profit margins are monitored and maintained.			
Unit Level	3			
Unit Size	Guided Learning Hours (GLH)	42 Hours	Credit Value: (1 credit is 10 hours total study/TQT)	5 Credits
Unit Assessment is by:	Assignment.			
Learning Outcome 1	Brief, coach and train others to maximise their performance and to deliver high quality dishes and menu items.			
Assessment Criteria				
1.1 Ensure culinary standards are achieved to produce quality dishes in line with department requirements. 1.2 Provide training that meet identified needs. 1.3 Allocate and direct work to meet performance targets and quality standards. 1.4 Manage underperformance, and in accordance with organisational requirement.				
Learning Outcome 2	Understand how to build teams, positively motivate others and influence the behaviour of team members.			
Assessment Criteria				
2.1 Support team members and ensure dishes provided are of high quality, delivered on time and as described on menus. 2.2 Motivate and inspire others to perform their roles to their best in line with department requirements. 2.3 Share experiences and knowledge to enable team members to develop their skills, knowledge and techniques. 2.4 Allocate work to ensure operational efficiency. 2.5 Monitor the standards of work and behaviour of staff.				
Learning Outcome 3	Understand the principles of profit and loss; and recognise how to support the overall financial performance of the department through operating effectively to reduce wastage and deliver profit margins.			
Assessment Criteria				
3.1 Monitor costs use forecasts to set realistic targets and effectively control resource allocation. 3.2 Actively use techniques and respond to opportunities that help improve business performance, revenue and profit margins.				



Learning Outcome 4

Describe the principles of supply chain management, sustainable procurement and working practices in the kitchen.

Assessment Criteria

- 4.1 Implement sustainable procurement practices, minimise wastage and minimise resource allocation.
- 4.2 Encourage and support others to use sustainable working practices.

9. Sample Assessments

Assessment Example 1

Unit	N/A
Unit Ref. No.	N/A
Assessment Type	Practical examination.

General Information Regarding the Practical Examinations

For all units which are assessed via a practical examination, students will be required to produce dishes in a real kitchen environment to demonstrate they have met the requirements of the assessment criteria.

Practical Examinations are internally written and submitted to CTH for approval, at least 4 weeks prior to the exam. They may only be used once approved by CTH. Exams usually last for three hours, plus a 30-minute period for preparation of the section.

For each practical examination related to mandatory units, students are required to produce and submit:

- A time plan to demonstrate their ability to plan the preparation of multiple elements within a time limit.
- An ingredient request form to demonstrate they can order the food they need.

For practical examinations related to optional units, these documents are not required.

A single examination may cover the assessment of multiple units. See the Assessment Methodology chapter of the Delivery and Assessment Handbook for further information.

The exams are internally assessed and verified, then quality assured by a CTH External Verifier or Culinary Examiner who will either visit the Centre to observe the practical examination or assess remotely through Skype, and analyse the assessment and internal verifiers mark sheets for consistency of application of marks in applying CTH standards.

Electronic photographic / video evidence of student work should be supplied to CTH together with completed mark sheets supplied by CTH (more details in the Delivery & Assessment Handbook).

Mandatory Units

For this qualification, the five mandatory units will be assessed via two separate practical examinations.

The first practical examination will include dishes from the following three units (refer to unit details for full unit names):

- PCVSS (vegetables **and** sauces **or** soups).
- PCPMG.
- PCBBP.

The second practical examination will include dishes from units:

- PCVSS (vegetables **and** sauces **or** soups).
- PCFFS.
- PCCHD.

Assessment Example 2

Unit	Food Safety Practices in the Preparation, Service and Storage of Food.
Unit Ref. No.	L/508/0678
Assessment Type	Assignment.

Sample Instructions

Students must base their assignments on their own working practice in their place of work or in organisations that are known to them. They must show their knowledge and understanding of the unit of assessment and any recommended reading.

Assignments Must:

- Include evidence that shows that the student meets all the Learning Outcomes and Assessment Criteria of the unit.
- Be presented in report format with headings including a brief introduction.
- Include an analysis and evaluation of the topic they discuss, and facts should be used to support conclusions and recommendations.
- Make clear connections between theory and practice.
- Provide a demonstration of the practical application of theory in the workplace.
- Cite references in accordance with the Harvard System.
- Be within 10% of the required 3,000-word count.
- May include additional information (e.g. working notes and calculations) which should be added as supplementary appendices to the report.

Submission of Completed Assessment to CTH:

- One electronic copy of the final assignment report, together with secondary research undertaken, should be submitted. This should include a front cover page with the student's and tutor's declaration.
- A minimum of one and a maximum of two scanned progress tutorial reports, dated and signed by both tutor and student must also be submitted to CTH.
- The Centre must assess and internal verify the assignments and submit completed mark sheets to CTH.

Assignment Task

Students are required to select organisations within the Hospitality and Catering Industry and prepare a 3,000-word report discussing how food safety is managed with particular reference to the following areas:

- The requirements of maintaining food safety.
- Developing plans to maintain food safety.
- Managing and maintaining food safety practices.

Outline

Students are required to conduct relevant and adequate primary and secondary research on the different hospitality and catering areas. The student should therefore be able to visit the selected organisations.

Students should include a brief introduction to the organisations they have selected in terms of the size, customers, services, products and future plans.

The following areas should be evaluated in detail supported by examples quoted from the selected organisations:

- Identify the requirements of maintaining food safety practices in the preparation, service and storage of food.
 - ✓ Describe a range of legislation relevant to food safety.
 - ✓ Explain a range of measures to ensure food safety in the preparation of food.
 - ✓ Explain a range of measures to ensure food safety in the service of food.
 - ✓ Explain a range of measures to ensure food safety in the storage of food.
- Develop plans to ensure food safety practices are maintained in the preparation, service and storage of food.
 - ✓ Explain how compliance with legislation can be monitored.
 - ✓ Develop plans to ensure food safety in the preparation of food.
 - ✓ Develop plans to ensure food safety in the service of food.
 - ✓ Develop plans to ensure food safety in the storage of food.



- Understand how to maintain and manage food safety practices in the preparation, service and storage of food.
 - ✓ Explain the potential effects of non-compliance.
 - ✓ Identify and explain methods of control measures for monitoring food safety.
 - ✓ Identify and explain a range of food safety management systems.

Students should demonstrate application of theory and knowledge to their chosen organisation and ensure they have addressed the assessment criteria outlined in the following tables. The analysis should be concluded with detailed and well-justified recommendations; relevant examples can also be used. The secondary research undertaken should be appended to the assignment.

10. About CTH

CTH, the Confederation of Tourism & Hospitality, is an Ofqual recognised Awarding Organisation established in 1982 specialising in gold standard qualifications for the hospitality, culinary, travel and tourism sectors.

CTH employs specialist staff with experience in these industries and links to current industry partners, as well as education or training experience. They are available to discuss your curriculum requirements or queries concerning this qualification.

In addition to our existing portfolio of qualifications currently available (included in Ofqual's Register of Regulated Qualifications), we can also offer individual unit qualifications, or discuss requirements for new qualifications suitable for local needs.

Policies

CTH policies are available to Approved Centres and learners to refer to in the administration and the delivery of the programme.

Location

CTH's offices are located in central London, United Kingdom, within easy walking distance of underground and bus stops. We always welcome visits from Centres and encourage this wherever possible.

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